



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

To: ETKF / ITKF / JKA National Federations members

Re: 36th. ETKF OPEN TRADITIONAL KARATE
CHAMPIONSHIP FOR SENIORS, YOUTHS,
JUNIORS, CADETS

2nd. ETKF EUROPEAN CHILDREN CUP "SENSEI
HIDETAKA NISHIYAMA AND SENSEI
MASATOSHI NAKAYAMA"

On behalf of the European Traditional Karate Federation, I am proud and honored to invite all ETKF/ITKF/JKA members to take part in the **36th. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS** and on the **2nd. ETKF EUROPEAN CHILDREN CUP "SENSEI HIDETAKA NISHIYAMA AND SENSEI MASATOSHI NAKAYAMA"** witch will be held on the **19 – 21 April 2024 in City of Skopje, North Macedonia.**

Sincerely Yours,

D-r Dejan Nedev
ETKF President



European Traditional Karate Federation

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36st. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS
ETKF EUROPEAN CHILDREN CUP "SENSEI HIDETAKA NISHIYAMA"

I. GENERAL INFORMATION

Title: 36st. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS
ETKF EUROPEAN CHILDREN CUP "SENSEI HIDETAKA NISHIYAMA AND SENSEI MASATOSHI NAKAYAMA"

Sanctioned by: International Traditional Karate Federation (ITKF)

Hosted by: Macedonian Traditional Karate Federation

Tournament venue: Sport Hall *Jane Sandanski*, Skopje, North Macedonia



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II. PARTICIPANTS

All athletes that are selected by the respective ITKF and JKA National Federations to compete must fulfill the following conditions:

1. They must be current member of national federation in a good standing of the ITKF and JKA.
2. Age in agreement with their competition category.
3. They must know, fully understand and be able to compete in accordance with the ITKF competition rules.
4. They must be free of any physical or mental handicap that might cause a breach of the ITKF rules.
5. All KUMITE, KO-GO and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards are also mandatory to be worn. (Breast-protection for women, groin protector for men is optional, but recommended safety equipment).
6. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations.
7. They must belong to a National Federation which is a full and paid-up member of the ITKF including the year 2024.
8. Only individuals holding a valid ITKF Certified Coaches Qualification and properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition.
9. They must present Medical Release and International Health Insurance to Medical Emergencies.
10. All countries must bring their national anthem (on a CD) and two national flags.



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III. CATEGORIES

Age and competition categories

36th. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS

COMPETITION CATEGORIES

CADETS / 14 – 15 years old

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Fuku-Go Men	No limit per country	
Fuku-Go Women	No limit per country	
Team Kata Men	No limit per country	
Team Kata Women	No limit per country	
Individual Ko-go Men	No limit per country	
Individual Ko-go Women	No limit per country	
En-Bu Mixed	No limit per country	
En-Bu Men	No limit per country	

JUNIORS / 16 – 17 years old

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Individual Kumite Men	No limit per country	
Individual Kumite Women	No limit per country	
Fuku-Go Men	No limit per country	
Fuku-Go Women	No limit per country	
Team Kata Men	No limit per country	
Team Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Individual Ko-go Men	No limit per country	
Individual Ko-go Women	No limit per country	



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YOUTHS /18-20 years old

Individual Kata Women	No limit per country	Team Kata Women	1 team/Country
Individual Kata Men	No limit per country	Team Kata Men	1 team/Country
Fuku-Go Woman	No limit per country	Enbu Woman/Man	1 team/Country
Fuku-Go Men	No limit per country	Enbu Man/Man	1 team/Country
Kogo-Kumite Women	No limit per country		
Ind. Kumite Men	No limit per country	Kumite Team Men	1 team/Country

SENIORS, YOUNGER GROUP / 21 - 34 years old

Individual Kata Women	No limit per country	Team Kata Women	1 team/Country
Individual Kata Men	No limit per country	Team Kata Men	1 team/Country
Fuku-Go Woman	No limit per country	Enbu Woman/Man	1 team/Country
Fuku-Go Men	No limit per country	Enbu Man/Man	1 team/Country
Kogo-Kumite Women	No limit per country		
Kumite Men	No limit per country	Kumite Team Men	1 team/Country

SENIORS, OLDER GROUP / 35 – 49 years old

Individual Kata Women	No limit per country	Team Kata Women	1 team/Country
Individual Kata Men	No limit per country	Team Kata Men	1 team/Country
Fuku-Go Woman	No limit per country	Enbu Woman/Man	1 team/Country
Fuku-Go Men	No limit per country	Enbu Man/Man	1 team/Country
Kogo-Kumite Women	No limit per country		
Ind. Kumite Men	No limit per country	Kumite Team Men	1 team/Country

THE ORGANIZER HAS THE RIGHT TO MERGE THE CATEGORIES IN INDIVIDUAL OR TEAM DISCIPLINE IF THERE ARE LESS THAN 3 COMPETITORS OR THREE TEAMS IN THAT CATEGORY!



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2nd. ETKF EUROPEAN CHILDREN CUP

"SENSEI HIDETAKA NISHIYAMA AND SENSEI MASATOSHI NAKAYAMA"

3. COMPETITION CATEGORIES

A. CHILDREN I. AGE 6-7 YEARS

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Individual Kihon Girls	No limit per country	Individual kihon – ipon Girls	No limit per country
Individual kihon Boys	No limit per country	Individual kihon –ipon Boys	No limit per country

B. CHILDREN II. AGE 8-9 YEARS

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Individual Kihon Girls	No limit per country	Individual kihon – ipon Girls	No limit per country
Individual kihon Boys	No limit per country	Individual kihon –ipon Boys	No limit per country

C.CHILDREN III. AGE 10-11 YEARS

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Jiyu-Ippon-Kumite Girls	No limit per country
Jiyu-ippun kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country
Team Jiyu-ippun kumite Boy	No limit per country
Team Jiyu-ippun kumite Girls	No limit per country



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D.CHILDREN IV. AGE 12-13 YEARS

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Jiyu-Ippon-Kumite Girls	No limit per country
jiyu-ippou kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Team jiyu-ippou kumite Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country
Individual Kihon Boys	No limit per country
Team jiyu-ippou kumite Girls	No limit per country

ETKF EUROPEAN CUP FOR CHILDREN "SENSEI HIDETAKA NISHIYAMA"

COMPETITION RULES

INDIVIDUAL KATA:

Groups A, B, C, D: eliminations, semi-finals, finals - flag system

TYPE OF KATA (individual and team):

Group A: elimination/ semi-final/ final Taikyoku, Heian 1-2-3;

Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi;

Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai;

Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,

Kanku Dai, Jion, Enpi, Taiji shodan;

Team Kata: Each team will be composed of 3 contestants (1 athlete can be from the younger group).



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KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques from left (Hidari) stance!

GROUP A, B

GROUP C, D

1. Oi-Zuki /Jodan	forward	1. Oi-Zuki /Jodan	forward
2. Age-Uke /Gyaku-Zuki	backward	2. Age-Uke /Gyaku-Zuki	backward
3. Gyaku-Zuki /Chudan	forward	3. Gyaku-Zuki /Chudan	forward
4. Uchi-Uke /Gyaku-Zuki	backward	4. Soto-Uke /Gyaku-Zuki	backward
5. Mae-Geri /Chudan	forward	5. Mae-Geri /Chudan	forward
6. Gedan-barai /Gyaku-Zuki	backward	6. Gedan-barai /Gyaku-Zuki	backward
		7. Mawashi-Geri /Jodan	forward
		8. Uchi-Uke / Gyaku-Zuki	backward

THE ORGANIZER HAS THE RIGHT TO MERGE THE CATEGORIE IN INDIVIDUAL OR TEAM DISCIPLINE IF THERE ARE LESS THAN 3 COMPETITORS OR THREE TEAMS IN THAT CATEGORY!

KIHON-IPPON KUMITE GROUP A:

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack techniques from left (Hidari)

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan



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KIHON-IPPON KUMITE GROUP B:

1.
ATTACK: AKA - Oi-tsuki(jodan)
DEFENSE: SHIRO -Age-uke counter attack: Gyaku-Tsuki-Chudan

2.
ATTACK: AKA - Mae-geri(chudan)
DEFENSE: SHIRO – Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.
ATTACK: AKA - Mawashi-geri(chudan)
DEFENSE: SHIRO -Uchi-uke counter attack: Gyaku-Tsuki-Chudan

JIUY IPPON KUMITE Group C and D:

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri-Jodan;

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENSE: ONLY -Uke-waza, counter attack: Gyaku-Tsuki-Chudan

ATTENTION:

1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY.

IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE SAME TEAM CATEGORY IN HIS AGE GROUP!

Example: one cadet athlete can participate in individual categories for cadets. He can participate in team kata for juniors. In this case he cannot be part of team kata cadets.

4. APPLICATION AND REGISTRATION

a) Applications

Dear athletes, since, we have very little time - we are kindly asking all participants (Officials, Athletes, Coaches and Judges) to apply their applications latest by **April 1, 2024**. Thank you for understanding in advance.



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The registration must include:

1. Details of all Officials, Coaches and Judges;
2. Details of all Athletes including respective competing categories;
3. Digital passport size photo for each Official, Coach, Judge and Athlete;
4. Registration fees, accommodation and transport for all participants can be paid to the T.O.C. - MTKF bank account no. IBAN MK07200001009648354, SWIFT STOBMK2X Stopanska Banka Skopje, North Macedonia
5. Once again please send all your applications latest by **April 1, 2024**.

PARTICIPATION FEES

EUR 25, 00 - per person, per individual category

EUR 30, 00- for En-Bu

EUR 30, 00- for Kata team

EUR 30, 00- for Kumite team

ACCOMODATION

Accommodation for all delegations (athletes, judges, official) will be in the following hotel:

HOTEL CONTINENTAL - **50 euros** in single room per night with HB breakfast & dinner included

HOTEL CONTINENTAL - **45 euros** in double room per person per night with HB breakfast & dinner included

HOTEL CONTINENTAL - **45 euros** in triple room per person per night with HB breakfast & dinner included

In case you decide to book a hotel yourself, the organizer will charge a fine of 15 euros from each participant.

IV. APPLICATIONS & REGISTRATION

A. Applications

Therefore, we kindly ask all National Federations to complete all registration of their Officials, Athletes, Coaches and Judges and send them on Application Forms by **1 April 2024**.

B. Registration

All registration has to be sent on the Application Forms to e-mail:

The registration must include:

1. details of all Officials, Coaches and Judges
2. details of all Athletes including respective competing categories
3. digital passport size photo for each Official, Coach, Judge (athlete photo is not required)
4. All to be done by **1 April 2024 deadline!!!**

Please help us run this complex operation smoothly by observing the deadline.



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V. SCHEDULE OF EVENTS

18 April 2024 (Thursday) Arrivals (Officials, Judges, Athletes)

19 April 2024 (Friday) ITKF Judges' Refresher Course
At Hotel CONTINENTAL-Skopje

PLEASE HAVE IN MIND THAT JUDGE REFRESHER COURSE IS MANDATORY FOR ALL JUDGES THAT WISH TO JUDGE AT THE CHAMPIONSHIP

..... ETKF Board of Directors Meeting-**Hotel CONTINENTAL-Skopje**

..... ETKF General Meeting - **Hotel CONTINENTAL-Skopje**

..... Drawing - **Hotel CONTINENTAL-Skopje**

Place: Tournament Registration Office - **Hotel CONTINENTAL-Skopje**

20 April 2024 (Saturday)**2nd. ETKF OPEN EUROPEAN CHILDREN CUP**

"SENSEI HIDETAKA NISHIYAMA and SENSEI MASATOSHI NAKAYAMA"

Eliminations/semifinals/finals start 10.00 am

Place: Sport Hall JANE SANDANSKI

21 April 2024 (Sunday)**36st. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS**

Eliminations/semifinals/finals start 10.00 am

Place: Sport Hall JANE SANDANSKI

OPENING CEREMONY 2.00 pm

Place: Sport Hall JANE SANDANSKI

22 April 2024 (Monday) Departure



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VI. TOURNAMENT REGISTRATION AND ACCREDITATION

A. DATES AND TIMES:

18-19 April 10.00 a.m.-10.00 p.m.

B. PLACE: Tournament Registration Office at **Hotel CONTINENTAL-Skopje**

VII. PLACEMENT OF THE DRAWING

A. DATE AND TIME:

19 April (Friday) 7.00 p.m. - 10.00 p.m.

PLACE: Tournament Registration Office – at **Hotel CONTINENTAL-Skopje**

B.

PLACEMENT DRAWING NOTE:

All Coaches are required to attend the Draw to confirm that the names and categories of their Athletes are correctly placed before the Draw begins.

No changes or additional inclusion of competitors will be accepted after the drawing.

VIII. JUDGES

Selection of the Judges will be made by the ETKF Technical Committee chairman Dr. Vencislav Nedev 9 dan, during the ETKF Judges Refresher Course held at Hotel Continental right before the ETKF European Championship and cup on 19 April 2024 (Friday).



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1. Judges participating in this event have to be ITKF Registered Qualified Judges (class A, B, C) who have participated in the Judges' Refresher Course held before the tournament and completed the ITKF Judges' Refresher Course held in 2024.
2. Each judge candidate must submit the application form, fee and passport size photograph for the Judges' Refresher Course by **1 April 2024**.

All Judges must bring their own HAKAMA (black), whistle and clean KARATEGI.

IX. CONTACT INFORMATION

All communication between National Federations and the T.O.C. should be done through:

- Dr. Dejan Nedev, ETKF President, email: nedevdejan@gmail.com, mob. +38970265709.
- our website: www.etkf.net

If we can be of any further assistance or if you have any further questions, please don't hesitate to contact us through our website or e-mail. Update information regarding the Championship can be also found on the website.

CONFIRMATION OF PARTICIPATION

All countries planning to participate in the 36st. ETKF OPEN EUROPEAN OPEN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS are requested to send the confirmation of participation by 1 April 2024

Please write only general confirmation without details as regards number of participants etc.

Thank you in advance for your cooperation!

We are looking forward to seeing you in Skopje.

D-r Dejan Nedev
ETKF President